



Valerie Sebestyen. 405.226.1042 vsebestyen@yahoo.com

Retreat + Wedding Photographer. Yoga instructor. Psychic Intuitive Energy Reader. Equestrian. Harpist Pursuing Therapeutic Music. Servant Leader. Dancer. Speaker. Tribe Mindset.

www.valeriesphotography.com / www.youtube.com/c/valeriefromvega // www.valeriefromvega.com // www.valeriesebestyen.com

Education

Bachelor of Arts in Photographic Arts May 2013

University of Central Oklahoma, Edmond, OK
Minor in Public Relations // Minor in Advertising
Dean's List 2009-2013

Actors Casting & Talent Services OKC

Level One: Return to Play - Improv Acting
March-May 2018

Michelle Danner Los Angeles Acting School

- 2-Day Michelle Danner Golden Box Intensive
June 2018
- 1-Day Michelle Danner Breaking into the Industry
Intensive
- 8 Week Stella Adler Intensive
- Long Format Adv. Improv June-July 2018

Reiki Master Attuned Energy Healer

2018

Shamanic Practitioner + Energy Healer

Woman Rising School Oct 2018- March 2019

BUTI Yoga Certified

April 2018

Various Coaches + Programs on Self Improvement + Leadership Building

2012 - Present

Level 1 + 2 Transformative Certifications

200 hour with Baptiste Power Yoga Institute

Level 1 / Kalani. Paho, Hawaii

Level 2 / Sundance, Utah

Briohny Smyth, Dice Iida-Klein FIT Flow

200 hour yoga teacher training.

February- November 2014

Art of Assisting

Baptiste Power Institute Big Fish Power
Yoga 2014

Baptiste Contribution Training

Baptiste Power Institute June 2016

Pursued Masters in Counseling

University of Central Oklahoma, Edmond, OK
2017 - Incomplete due to a core value
disagreement with the Oklahoma Counseling
Legal system.

Neurofeedback

Spring 2018 and Spring 2019

Harp For Healing Certified Clinical

Musician under the www.nsbtm.org

Winter 2019-currently pursuing

Harp, Dance, Riding lessons

2018 - Present

Work Experience

Owner / Photographer / P.R. Valerie Sebestyen Photography

Photographer, editing, print packages, public relations and marketing, webpage, bookkeeping, shooting and organizing all sessions and wedding packages.

2011- Present

ValerieFromVega Intuitive Reader & Healer

Energy healer and energy reader for Spirit Fairs, Festivals, Events, YouTube Personality, and private clients.

2019- Present

Space Yoga Studio

Hot Power Yoga and Buti Yoga Instructor

2018 - Present

Retreats by Alexa

2018 Women's Sisterhood Retreat photographer, yoga instructor in mornings, and individual empowerment photo shoots with retreat goers, ages 25-65. Austin, TX

Equestrian and Stable Hand

Hunter Jumper riding lessons and owned horses for 20+ years, Eventing riding lessons and showing for 5 years, Re-starting OTTB's for 5+ years, shown up to 1 meter in the jumpers, worked in exchange for board, exercising horses for Thoroughbred Athletes Inc. 1996 - Present

Model

Hair Art Institute, Buddha Jewelry Organics, 'Asking For It' Ezra Miller movie, G-Eazy Vic Mensa "REVERSE" music video, Tulsa Osage Casino TV Commercial swimsuit model, Brett Yoga Music Video model, AFROMAN music video main girl, 2018 - Present

Norman Regional Hospital

2019 - Present - Volunteer playing my harp therapeutically for Rehab, Support Groups, NICU

Griffin Memorial Mental Hospital

2019- present Volunteer playing my harp therapeutically

Balance.Yoga.Barre.

Hot Power Yoga Instructor 2017-2018

Norman North P.E. Yoga

Volunteering teaching yoga, meditation, and team work to 9-12 graders during physical education class. 2017

Gold's Gym NW OKC // Edmond

Power Yoga Instructor, Barre, GGX Cycle instructor 2014-2017

Dragonfly Home

Volunteering teaching yoga + dance during their spring break and summer camps 2019

Norman North P.E. Yoga

Volunteering teaching yoga, meditation, and team work to 9-12 graders during physical education class. 2017

Yoga Across America

Yoga Instructor for Ada High School Boys and Girls 2014-2016

Yoga at Tiffany's OKC

Hot Power Yoga Instructor 2014-2016

Ryan Brenizer Photography

Intern 2012 in NYC as second photographer and editor.

Yoga at Tiffany's OKC

Hot Power Yoga Instructor 2014-2016

John's Hopkins Center for Talented Youth

Resident Assistant for 5th + 6th grade girls Washington University Maryland ; Summer 2011

Skills

- Intermediate Harpist in school to be a certified clinical musician for hospitals and hospice
- Photographer with formal Bachelor's Degree and 10+ years of experience photographing weddings and family's, dancers, seniors, and product photography, with experts in the field and self employed business
- Yoga instructor certified thru multiple modes of yoga with 6+ years of experience teaching youth and adults in professional studio settings, gyms, and schools
- Equestrian - 25 years, lessons, showing, restarting OTTBs, and caring for horses. Show jumping, Dressage, and Eventing experience
- Coachable, Flexible, Adaptable with strong written and verbal interpersonal skills
- Listener. Empathic. Safe container for others
- Playful stamina + high energy powerful performer
- Movement enthusiast constantly expanding
- Flow Artist- Dancer, Hula Hooping, Silk Fans, Dragon staff
- Creative, rhythmic, intuitive, eclectic, visionary
- Grounded, discernment, honest + clear intentions
- Trailblazer, steady waymaker, bridge
- Love-Based Consciousness + Well-Being role-model, teacher, and student
- Radical compassion for self and others as a way to bring together Humanity
- Well developed and cultured communication skills with all ages and walks of life